



**CENTRAL
BAPTIST
ASSOCIATION**



**Regent's
Park College**
OXFORD

Develop your understanding and skills

FOOTSTEPS

A course for everyone living out their faith
in local churches and communities

Information Pack

2016-17

FOOTSTEPS 1

Why Footsteps?

Footsteps is a training course in Christian discipleship for anyone who wants to deepen their understanding of faith and develop their skills in ministry. It helps you make connections between different areas of faith and practice with lively, effective mission at its heart.

This Information Pack gives you details of **Footsteps 1**, the one year course which has been running for four years in the Central Baptist Association. There is now a second one year course — **Footsteps 2** — for anyone who has already completed year one. However, **Footsteps 1** is a stand-alone course which you can follow without any expectation that you have to carry on for a second year.

Footsteps 1 is open to anyone, supported by the local church, who wants to become better equipped to live out their faith. It has been created for a range of people involved in local churches, whatever your previous experience, educational qualifications or age. Trainers also come from a variety of backgrounds, each with different knowledge and understanding, so that they offer fresh perspectives and examples of good practice. Footsteps recognises the learning and experience which you bring and encourages you to draw on these as you interact with each other and with the trainers, in exploring key issues and new ideas. The course is set in a context of worship and prayer with opportunities to support each other in small pastoral groups.

Footsteps seeks to support you in deepening your spirituality and relationship with God, in reflecting and extending your understanding of your faith and in developing your gifts so that they may be used more effectively in the church and the community.

Venue

Footsteps 1 and **Footsteps 2** are both held at **the Church of Christ the King**, Frithwood Crescent, Kents Hill, Buckinghamshire MK7 6HG

Dates

Both **Footsteps** courses will take place over the same 10 Saturdays, from 10am to 4.15pm. The dates for 2016-17 are:

10 th September	4 th February
8 th October	4 th March
5 th November	1 st April
3 rd December	6 th May
7 th January	10 th June

A Typical Day for Footsteps 1

10:00am	Worship with Footsteps 2	1:35	Group Prayers
10:20	Session 1	2:20	Session 4
11:05	Coffee	3:05	Tea
11:20	Session 2	3:20	Session 5
12:05	Session 3	4:05	Reflections and Prayers
12:50	Lunch	4:15	Finish

Refreshments

Tea and coffee are provided but we ask that you bring a packed lunch with you.

Cost

The cost of the year's course in 2016-17 is **£330**. We would encourage your local church to contribute two-thirds of the costs.

About Footsteps

Deepening Spirituality

Central to **Footsteps** is the desire to grow our relationship with God, and we hope that a number of aspects of the course will encourage this.

Worship and Prayer

Each day will start with worship, as participants from **Footsteps 1** and **2** gather together. There will be opportunities for those on **Footsteps 1** to lead these sessions. Those who take the 'Leading Worship' option are particularly encouraged to volunteer by signing up on a rota, normally once the Worship stream of the course has begun. The day ends with quiet reflection and prayer.

Prayer Groups

You will be assigned to a small group that will stay the same throughout the course, and you will meet each day after lunch to pray together. This will be led by one of our Personal Pastoral Assistants (PPAs). We hope that the group will be supportive and helpful as you go through the year. As well as leading the small groups, the PPAs are also there for you to talk to about any issues that arise during the course, so feel free to approach them.

Journal

On the first day we will give you a journal which we invite you to use during the year. This is essentially a prayer diary in which you can record anything that comes out of your own walk with God. But we also encourage you to jot down those things which are significant through the course and particular things that you have learnt. The focus of this is between you and God but there will be opportunities to talk about those things that you have been learning through **Footsteps**

Teaching

There is also a teaching strand within **Footsteps** on Spirituality, in which various trainers will give you a wider understanding of ways of walking with God.

Deepening Understanding and Developing Skills

In **Footsteps 1** you will study a number of different subjects during the year. These are identified as nine 'strands', all of which are presented by trainers who have experience of teaching as well as much experience of church life.

There are FIVE core subjects which everyone studies together in their entirety.

Core Subjects

Understanding the Bible

This strand looks at the background to the Bible, the different types of writing in the Bible, such as history, poetry, Gospels, letters, considers the various authors of the Old and New Testament, and thinks about how we apply the Bible to our lives today.

Understanding our Faith

After an introductory session, this strand looks at four key themes of our faith:

- Who God is
- Creation
- Salvation
- The Church

Mission and Culture

This strand begins by looking at a biblical understanding of mission together with an overview of culture in our contemporary society. It then proceeds to think about practical ways in which the church can engage more effectively in mission, such as building missionary congregations, church planting and developing new ways of being church.

Baptist History and Principles

This strand gives an overview of significant events in Baptist History, including the first Baptist Church in the UK which started over four hundred years ago. It explores those issues that have always been important to and distinctive for Baptist Christians and includes some practical areas concerned with the way Baptist churches function.

Spirituality

This strand explores different approaches in the way we relate to God throughout the history of the Church. After an introductory session we will explore a number of different traditions of spirituality, such as contemplative, charismatic and Celtic spirituality.

As well as the core subjects there are FOUR further subjects which are taken as options. Each is introduced in one or more whole group sessions, but is then taught within an option group.

Options

You will need to choose two options. It would be good to think about which options you might choose before you come, perhaps talking it over with your minister or others in your church. There will also be the opportunity to talk about this on the first day, so that a decision can be made ready for the October sessions.

Option 1

Either 'Leading Worship' or 'Pastoral Care'

Option 2

Either 'Preaching' or 'Leadership Skills'

Pastoral Care

There are two core sessions in this strand, looking at the nature of Pastoral Care and Essential Skills. The sessions within the option group will develop the teaching from the core sessions and look more specifically at issues faced throughout the course of a person's life and in caring for those who are especially vulnerable.

Leadership Skills

There are two core sessions in this strand, looking at a Biblical understanding of leadership and an introduction to conflict transformation, with the opportunity to pursue this further as an option. The optional sessions develop the Biblical teaching of leadership, and examine various styles of leadership, accountability and mentoring, leading teams, transformational leadership and leading small groups.

Leading Worship

There is one core session on the meaning of worship followed by the opportunity to reflect on leading worship as an option. These will be practical sessions that will focus on the different dimensions and aspects of a service, such as using music, silence and the senses, celebrating baptism and the Lord's Supper and will also explore the participation of children and seekers.

Preaching

There is one core session on the nature of preaching followed by the opportunity to reflect on developing a preaching ministry. The option will help you move from engaging with the Biblical text, through discerning the message, developing a sermon, using illustrations and delivering a sermon, to gaining feedback and reflecting on the whole process.

What is expected of me?

Footsteps 1 aims to equip you so you are better able to serve God in your church. This intention is reflected throughout the course.

Participation

The style of teaching is interactive, for we believe that when we participate we learn more. There will be times in each session to listen to the trainers but also times to join in, perhaps focussed on an exercise to do in pairs or in small groups.

It is a really good idea to make some notes of your own in addition to the handouts which you will often be given. What you are discovering will 'stick' better – and you will know what you were thinking when you come to look back on the session!

Journal

As mentioned above you will be invited to keep a journal for the year as part of your walk with God.

Preparation

Each Saturday will contain sessions covering various elements from the 9 different strands which are being taught during the year. As the style of teaching involves participation by everyone there may be a small number of things that you will be asked to take away to do, after a Footsteps Saturday. This will not be handed in or marked, but will contribute to future sessions so that these work to their fullest potential. We anticipate that this preparation will take no more than 2 -3 hours over the 2-5 weeks between Saturdays.

To help you with this you may wish to use your journal each Saturday to reflect on what you have been doing and jot down key ideas and reminders. This should help you to make links between the different strands and identify areas which you may want to investigate further.

Assignments

In each of the strands there will be the opportunity to write an assignment. This is entirely optional, except for those seeking to be recognised as lay preachers and lay pastors. If that is you, you will find more details on page 7. Although these are optional, and there is no sense of failure if you do not complete any assignments, we do encourage you to have a go and at least try to write some. This is because the process of thinking further about an issue and having to put it down on paper really helps to continue the learning process. We think that you will gain more from the whole course if you attempt some assignments. These will be read, so that you can have some feedback and comments on what you have written but there are no marks given. The purpose is to help you learn.

You will be guided as to when you might begin your assignments. Obviously you will not want to submit a piece of work before that aspect of the course has been covered in the teaching sessions, so that you can reflect on what has been studied and discussed.

The maximum number of assignments you would do is SEVEN: five from the core subjects and two from your option subjects. Please do not attempt the option subjects you have not taken.

Involvement in the Local Church

As you go through the course we hope that you will be able to continue to be involved in your local church. We encourage your minister or church leader to have regular conversations with you about **Footsteps 1** and your opportunities for service.

For your part, we encourage you to talk to your minister or church leaders about what you hope to gain from **Footsteps 1**, about which options to choose and about possibilities for service both now and in the future.

In addition, we suggest that you also ask someone else to act as a **mentor** for you during the course to give you extra support and help you reflect on what you are learning and the way this relates to your activities within the church and wider community.

What can I expect?

Training

First and foremost you will receive training that will help you serve God in your local church. This will come through learning alongside others with the help and input of experienced trainers. Handouts and notes are provided, which you will use – and add to – in the sessions and to which you can refer later.

Help and Encouragement

All those involved with **Footsteps** are keen to see you grow and develop in your Christian faith and will seek to give whatever help and encouragement they are able. If you have particular questions or difficulties then please don't hesitate to talk with either your PPA or Anne Lane, the Course Leader.

Communication and Learning Support

Anne will regularly send e-mails to tell you anything you might need to know before the next Saturday. This works both ways: Anne will respond to anything you want to find out.

On the first Saturday of **Footsteps** we will introduce you to WebLearn, a virtual learning environment where you will be able to access some notes and PowerPoints from the course, and find additional material. Sometimes you will need to look at something on WebLearn in preparation for the next Saturday.

Please Note: If you do not have internet access we find other ways to communicate and share information

Certificate

We also want to recognise the considerable time and effort that you will have put in to attend **Footsteps** and so we organise a special evening after the course has finished which will be an opportunity to meet each other again and celebrate your achievements. At this evening we will award certificates to all those who have completed **Footsteps 1**.

A step along the way

Hopefully this year will enable you to hear God's call for the future. For many people, doing **Footsteps** has led on to other things, both opportunities for service and also some further training, such as studying to be recognised by the Association in local leadership or as an ordained minister, or for a specialist role. Now it is possible to build directly on **Footsteps 1**, with the opportunity for training offered by **Footsteps 2**.

Lay Preachers and Lay Pastors

As well as being a course designed for everyone in the church, **Footsteps 1** can also be used by those who are seeking recognition as Lay Preachers and Lay Pastors. The requirement of the Baptist Union is that those following such a pathway compile a portfolio of academic work with one of the Baptist Colleges which is in membership with the Baptist Union of Great Britain. The portfolio covers the nine different streams, and so **Footsteps 1** can contribute to this. Those seeking recognition will need to write a set of assignments and by going on to take **Footsteps 2** and working alongside the Tutors in Community Learning can continue with further study and training needed in order to complete the portfolio.

Please note: If you are thinking about recognition as a Lay Preacher or Pastor, you must first talk to your church leadership and then to one of the Regional Ministers to find out all that is involved. Community Learning courses [such as Footsteps] contribute to the academic component, which is part of the process.

For more information about recognition as a Lay Preacher or Lay Pastor you must contact one of the Regional Ministers in CBA. For more details on the academic study required, please contact one of the Tutors in Community Learning,

Regent's Park College, Pusey Street, Oxford, OX1 2LB.

anne.lane@regents.ox.ac.uk [07986 323909]

anthony.clarke@regents.ox.ac.uk [01865 288120]

Books

Footsteps 1 is not a book based course, but we do make some suggestions for further reading for those who so wish. Obviously, such reading will help those who choose to write assignments. For each of the nine strands we have suggested one key book, which we think is quite readable and easily available.

For those who wish to write an assignment, there are other suggested books, some of which are stocked in the small library that we keep, and from which you can borrow during the course.

Spirituality

Key book: Richard Foster, *Prayer*, (Hodder & Stoughton)

Understanding the Bible

Key book: Gordon Fee and Douglas Stuart, *How to Read the Bible for all its Worth* (Scripture Union)

Understanding our Faith

Key book: Alister McGrath, *Theology: The Basics* (Blackwell)

Baptist History and Principles

Key book: Roger Hayden, *English Baptist History & Heritage*, (Baptist Union)

Mission and Culture

Key book: Stuart Murray, *Church After Christendom* (Paternoster)

Leading Worship

Key books: Chris Ellis, *Approaching God: A Guide for Worship Leaders and Worshippers* (Canterbury Press, 2009)

Pastoral Care

Key book: Frank Wright, *Pastoral Care Revisited* (SCM Press)

Preaching

Key book: David Day, *A Preaching Workbook*, (SPCK)

Leadership Skills

Key book: Eddie Gibbs, *Leadership Next: Changing Leaders in a Changing Culture* (IVP)

Who's who at Footsteps?

Course Leaders

Anne Lane. Anne is Tutor in Community Learning at Regent's Park College in Oxford and has overall responsibility for the **Footsteps** courses, working in close relationship with the Central Baptist Association and the Southern Counties Baptist Association. Before this role, Anne has been an RE teacher; she is married to a Baptist minister and they have three daughters.

Anthony Clarke. Anthony is Tutorial Fellow in Pastoral Studies and Community Learning at Regent's Park College, Oxford and a Baptist Minister

Other Trainers

Throughout the year **Footsteps** is served by those with an interest in teaching and a desire to equip others to serve. These may be Baptist Ministers and others with expertise in particular areas, drawn from the Association and beyond.

Some may be responsible for a complete strand of training, while others will share different aspects of a strand, reflecting their own knowledge and experience. Trainers in the year 2015-16 included:

Geoff Colmer, Team Leader and Regional Minister, Central Baptist Association

Stephen Copson, Regional Minister, Central Baptist Association

Adam Eakins, Minister of Broadmead Baptist Church, Northampton

David Gregory, Senior Minister, Croxley Green Baptist Church, Hertfordshire

Richard Green, Baptist Minister, Lead Elder of All Nations [formerly Brickhill Baptist] Church, Bedford

Andrew Hemmens, Minister of Christchurch Baptist Church, Welwyn Garden City, Hertfordshire

Mary Moody, Minister of Bovingdon Baptist Church, Hertfordshire

Carol Murray, Baptist Minister [recently retired from Haddenham cum Dinton Baptist Church, Buckinghamshire] , Moderator of CBA Council

Beth Powney, Minister of Sandy Baptist Church, Bedfordshire

Jack Walker, Minister of Newport Pagnell Baptist Church, Buckinghamshire

John Weaver, Baptist Minister, former Principal of South Wales Baptist College

Adrian Wood, Minister of London Colney Baptist Church, Hertfordshire

Personal Pastoral Assistants

In addition to the trainers, several people, who have often completed Footsteps in the past, provide vital support throughout the course. Every Saturday PPAs are responsible for the practical organisation of the day and each one leads and looks after a prayer group of Footsteps 1 participants.

Finding the Church of Christ the King, Kents Hill

The Church of Christ the King is situated in the south east corner of Milton Keynes, within easy reach of the M1 motorway at either J13 or J14, both are about 2 miles away. If you are using a **satnav** to find us, our postcode is **MK7 6HQ**.

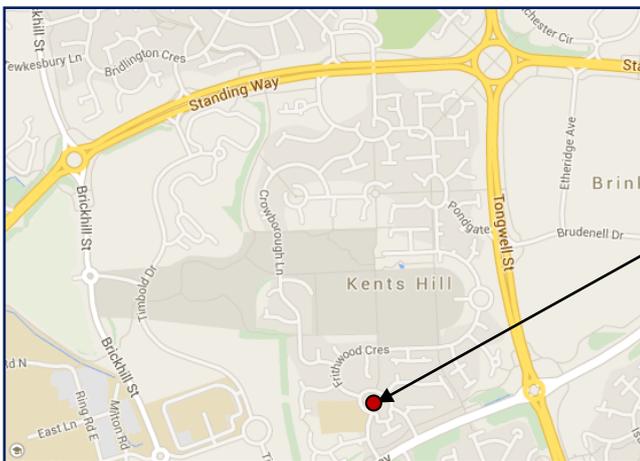
If using a **map**, and you are approaching;

From **J14 M1**,

- Follow signs for A4146 Aylesbury (this is known locally at H6 Childs Way) then turning left onto V11 Tongwell Street at the petrol station.
- Proceed straight on at Monkston roundabout, and pass the Kingston Shopping Centre on your left.
- Proceed straight on at the Brinklow roundabout and continue up the hill
- At the top of the hill turn right onto H9 Groveway, the turn to the church is about 200 metres on the right.

From **J13 M1**,

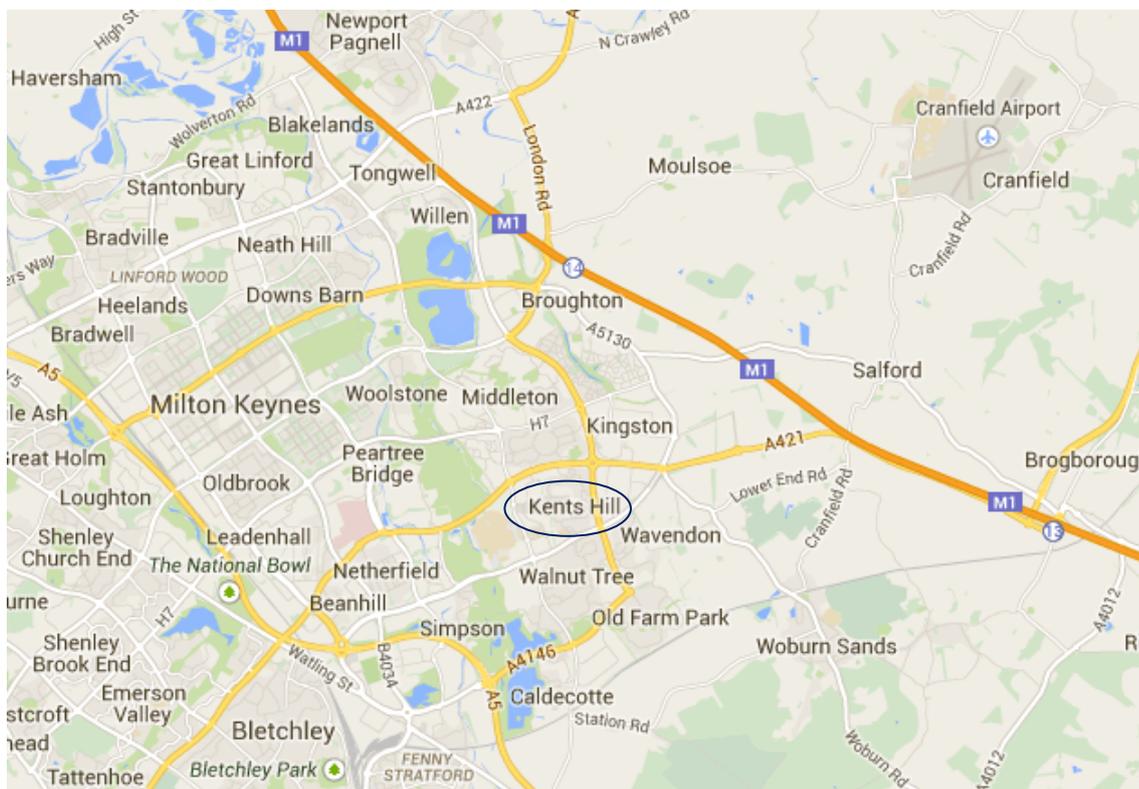
- The approach road from the M1 is the A421. Follow this for about 2 miles from the motorway and pass several large warehouses on your right. A large roundabout is approached. Take the second turn onto H9 Groveway, there is a Vauxhall Car Sales Unit on your left, proceed up the hill.
- Go straight on at the next roundabout and the church turn is first on the right.



From Main cross country highway A421

From Oxford/Buckingham direction, enter MK on the A421 (H8 Standing Way)

Turn right at Brinklow Roundabout (V11 Tongwell Street A4146). At the top of the hill roundabout at junction with H9 Groveway turn right and in 200 metres turn right into Frithwood Crescent. The Church of Christ the King is straight ahead, situated on a sort of 'island' encircled by local district streets. Parking is available either 'out front' or in the car park next to the local primary school across the road. There is also parking at Kents Hill playing field. (Follow Frithwood Crescent away from church; the road curves round to the right and the car park is on the left. Walk back to church, crossing the road and following the redway path downhill.





CBA Application Form 2016-17

I would like to apply to participate in the **CBA Footsteps 1** course 2016-17 and I have the support of my home church for this training.

I enclose cheque/s totalling £330 made out to 'Regent's Park College' OR
 Paid by direct transfer to Regent's – Sort code: 20-65-18, Acct no: 60776513 [Footsteps 1]

Title: Surname:

Forenames:

Name known by (if different from above):

Address:

.....

..... Postcode:

Telephone [home]:

Telephone [mobile]:

Email:

Home Church:

Signed:

Any special needs or learning requirements (e.g. use hearing aid):

.....

.....

Church Leader's Commendation

I am happy on behalf of the church to commend the above applicant to train on **Footsteps 1** this coming year. We believe that she/he has gifts which the church can use and agree to support this person while on the course and afterwards as they explore areas of service for God.

Church:

Name:

Position:

Signed.....

Please return to: CBA Footsteps 1, Regent's Park College, Pusey Street, Oxford, OX1 2LB

