



**CENTRAL  
BAPTIST  
ASSOCIATION**



**Regent's  
Park College**  
OXFORD

Develop your understanding and skills

# FOOTSTEPS

A course for everyone living out their faith  
in local churches and communities

## Information Pack

2019-20

**FOOTSTEPS 1**

## Introducing Footsteps

**Footsteps** is a training course in Christian discipleship for anyone who wants to deepen their understanding of faith and develop their skills in ministry. It is designed to make connections between different areas of faith and practice with lively, effective mission at its heart.

There are several strands to Footsteps. This Information Pack tells you about **Footsteps 1** which is a one year course. It has now been running for 7 years in the Central Baptist Association.

**Footsteps 2** offers a second year for anyone who has already completed year one. However, **Footsteps 1** is a stand-alone course which you can follow without any expectation that you have to carry on for a second year.

**Footsteps Pathway Days** and **Footsteps Pathway Courses** will be taking a break in 2019-20.

**Footsteps 1** has been created for people involved in local churches, whatever your previous experience, educational qualifications or age. So it is open to everyone who has the support of their local church. This means that we recognise that your own learning and experience will make a unique contribution as everyone explores key issues and new ideas together.

The Trainers also come from a variety of backgrounds, each with different knowledge and understanding, to offer fresh perspectives and examples of good practice.

**Footsteps** seeks to support you in deepening your spirituality and relationship with God, in reflecting on and extending your understanding of your faith and in developing your gifts so that they may be used more effectively in the church and the community. Therefore, it is set in a context of worship and prayer with opportunities to support one another in small pastoral prayer groups.

**Venue:** **Footsteps 1** and **Footsteps 2** both meet at **the Church of Christ the King**, Frithwood Crescent, Kents Hill, Buckinghamshire MK7 6HG

**Dates for 2019-20:** The **Footsteps** courses will take place over 10 Saturdays, from 10am to 4.15pm.

21st September	8th February
12th October	14th March
9th November	25th April
7th December	16th May
11th January	13th June

### A Typical Day for Footsteps 1

10:00am	Worship with Footsteps 2	1:35	Group Prayers
10:20	Session 1	2:20	Session 4
11:05	Coffee	3:05	Tea
11:20	Session 2	3:20	Session 5
12:05	Session 3	4:05	Reflections and Prayers
12:50	Lunch	4:15	Finish

**Refreshments:** Please bring a packed lunch with you. Drinks are provided throughout the day

**Cost:** In 2019-20 the course fees are **£330**. We would encourage your local church to contribute two-thirds of these. There may also be some assistance available from the CBA through training grants.

## Deepening Spirituality

Our desire to grow in our relationship with God lies at the heart of **Footsteps** so these aspects of the course offer particular time and space to do so.

**Worship and Prayer:** Each Saturday we gather together to begin our day with worship. There are opportunities to volunteer to lead these sessions, especially if you have opted for the 'Leading Worship' stream. Each day ends with quiet reflection and prayer.

**Prayer Groups:** Each student becomes part of a small group which meets each Footsteps Saturday to pray together. These are led by Pastoral Assistants (PAs), who are also there for you to talk to about any issues that arise during the course. We want you to know there are people to support and help you as you go through the year.

**Journal:** We give you a notebook which we invite you to use as a journal during the year. You might keep this as a prayer diary but also jot down any significant moments in your own walk with God or particular things that you have learnt. This is a private journal between you and God but there will be opportunities to talk about the things you are discovering, if you want to.

**Teaching:** Footsteps has a teaching stream on Spirituality where various trainers will give you a wider understanding of ways of walking with God.

## Deepening Understanding and Developing Skills

In **Footsteps 1** there are 9 teaching streams, or subject areas. These are presented by trainers who have experience of teaching as well as much experience of church life.

There are FIVE core streams which everyone studies together in their entirety.

### Core Subjects

**Understanding the Bible:** We consider the background to the Bible, the different types of writing it contains and the various authors of Old and New Testament books, before we go on to think about how we apply the Bible to our lives today.

**Understanding our Faith:** After an introductory session, this stream looks at four key themes of our faith: Who God is, Creation, Salvation and The Church.

**Mission and Culture:** This stream explores a biblical understanding of mission alongside an overview of culture in contemporary society. We spend time gaining insights into the way in which churches can engage more effectively in mission. This is followed by practical examples, such as building missionary congregations and developing new ways of being church.

**Baptist History and Principles:** Starting with an overview of some significant events in Baptist History, this stream explores what is important to and distinctive for Baptist Christians and includes some practical areas concerned with the way Baptist churches function today.

**Spirituality:** Following an introductory session in which we consider different ways in which we relate to God, we will explore a number of different traditions of spirituality which have developed throughout the history of the Church.

## Option Streams

As well as the core subjects there are FOUR further subjects which are taken as options. You will be asked choose TWO option streams **on the first day of Footsteps**:

Option 1: *Either 'Leading Worship' or 'Pastoral Care'*

Option 2: *Either 'Preaching' or 'Leadership Skills'*

It would be good to think about which options you might choose before you come, perhaps talking it over with your minister or others in your church. There will also be the opportunity to talk about this on the first day, so that a decision can be made ready for the October sessions.

Each of the 4 options includes at least one core session for everyone, followed by 5 sessions in groups.

**Leading Worship:** An initial core session on the meaning of worship is developed reflectively within the option group. These sessions will focus on the different dimensions and aspects of worship, such as using the Bible, music and prayer, the importance of silence and the senses, the participation of children and seekers and the Lord's Supper.

**Pastoral Care:** After 2 core sessions on the nature of Pastoral Care and the art of listening there are option sessions looking more specifically at issues faced throughout the course of a person's life and in caring for those who are especially vulnerable.

**Preaching:** One core session on the nature of preaching provides a basis for the option group to reflect on developing a preaching ministry. The group sessions include engaging with the Biblical text, discerning the message, developing a sermon, using illustrations and delivering a sermon, as well as effective communication and meaningful evaluation.

**Leadership Skills:** 2 core sessions look at a Biblical understanding of leadership and an introduction to conflict transformation. The option sessions develop the Biblical teaching of leadership, and examine various styles of leadership, accountability and mentoring, leading teams, transformational leadership and leading small groups.

## What is expected of me?

**Footsteps 1** aims to equip you so you are better able to serve God in your church. This intention is reflected throughout the course.

**Participation:** The style of teaching is interactive, for we believe that when we participate we learn more. There will be times in each session to listen to the trainers but also times to join in, perhaps focussed on an exercise to do in pairs or in small groups.

It is a really good idea to make some notes of your own in addition to the handouts which you will often be given. What you are discovering will 'stick' better – and you will know what you were thinking when you come to look back on the session!

**Journal:** As mentioned above you will be invited to keep a journal for the year as part of your walk with God.

**Preparation:** Each Saturday will contain sessions covering various elements from the different strands which are being taught during the year. As the style of teaching involves participation by everyone there may be a small number of things that you will be asked to take away to do, after a Footsteps Saturday. This will not be handed in or marked, but will contribute to future sessions so that these work to their fullest potential. We anticipate that this preparation will take no more than 2 -3 hours over the 2-5 weeks between Saturdays.

To help you with this you may wish to use your journal each Saturday to reflect on what you have been doing and jot down key ideas and reminders. This should help you to make links between the different strands and identify areas which you may want to investigate further.

**Assignments:** In each of the strands there will be the opportunity to write an assignment. This is entirely optional, except for those seeking to be recognised as lay preachers and lay pastors. If that is you, you will find more details on page 6. Although assignments are optional, and there is no sense of failure if you do not complete any, we encourage you to have a go and at least try to write some. This is because the process of thinking further about an issue and having to put it down on paper really helps to continue the learning process. We think that you will gain more from the whole course if you attempt some assignments. These will be read, so that you can have some feedback and comments on what you have written but there are no marks given. The purpose is to help you learn.

You will be guided as to when you might begin your assignments. Obviously you will not want to submit a piece of work before that aspect of the course has been covered in the teaching sessions, so that you can reflect on what has been studied and discussed.

The maximum number of assignments you would do is SEVEN: five from the core subjects and two from your option subjects. Please do not attempt the option subjects you have not taken.

**Involvement in the Local Church:** As you go through the course we hope that you will be able to continue to be involved in your local church. We encourage your minister or church leader to have regular conversations with you about **Footsteps 1** and your opportunities for service.

For your part, we encourage you to talk to your minister or church leaders about what you hope to gain from **Footsteps 1**, about which options to choose and about possibilities for service both now and in the future.

In addition, we suggest that you also ask someone else [not your minister/church leader] to act as a **mentor** for you during the course to give you extra support. This will help you reflect on what you are learning and the way this relates to your activities within the church and wider community.

## What else can I expect?

**Training:** First and foremost you will receive training that will help you serve God in your local church. This will come through learning alongside others with the help and input of experienced trainers. Handouts are provided for you to use and add your own notes, so that you can refer to them later.

**Help and Encouragement:** All those involved with **Footsteps** are keen to see you grow and develop in your Christian faith. We will seek to give you help and encouragement. If you have particular questions or difficulties then please don't hesitate to talk to either **your Pastoral Assistant** or other trainers and leaders.

**Communication and Learning Support:** This works both ways: Anne will often send e-mails to give you information before the next Footsteps and will also respond to anything you want to find out.

On the first Saturday of **Footsteps** we will introduce you to WebLearn, a virtual learning environment where you will be able to access some notes and PowerPoints from the course, and find additional material. Sometimes you will need to look at a file on WebLearn in preparation for the next Saturday.

**Please Note:** If you do not have internet access we will find other ways to communicate and share information

**Celebration Evening:** We also want to recognise the considerable time and effort that you will have put in to attend **Footsteps** and so we have Open Evening at the end of the course. This is an opportunity to celebrate the Footsteps year with fellow students, your family, friends and church leaders, as well as to encourage prospective students who have come to find out more about Footsteps. At this evening we will award **certificates** to all those who have completed the course.

**A step along the way:** Hopefully this year will enable you to hear God's call for the future. For many people, doing **Footsteps** has led on to new things: opportunities for service and further training, such as studying to be recognised by the Association in local leadership or as an ordained minister, or for a specialist role.

**Footsteps 2** is also an opportunity to build directly on **Footsteps 1** with further training.

## Lay Preachers and Lay Pastors

As well as being a course designed for everyone in the church, **Footsteps 1** can also be used by those who are seeking recognition as Lay Preachers and Lay Pastors. The requirement of the Baptist Union is that those following such a pathway compile a portfolio of academic work with one of the Baptist Colleges which is in membership with the Baptist Union of Great Britain. The portfolio covers the nine different streams, and so **Footsteps 1** can contribute to this. Those seeking recognition will need to write a set of 7 assignments from Footsteps 1. By going on to take **Footsteps 2**, writing another 7 assignments and working alongside the Community Learning tutor you can continue with the further study and training needed in order to complete the portfolio. This will be done over more than the 2 years of Footsteps 1 and 2.

**Please note:** If you are thinking about recognition as a Lay Preacher or Pastor, you must first talk to your church leadership and then to one of the Regional Ministers to find out all that is involved. Community Learning courses [such as Footsteps] contribute to the academic component, which is part of the process.

For more information about recognition as a Lay Leader [e.g. Preacher or Pastor] you must contact one of the **Regional Ministers in CBA**. And, for more about the training needed to become a Lay Leader please contact Community Learning, Regent's Park College, Pusey Street, Oxford, OX1 2LB.

[community.learning@regents.ox.ac.uk](mailto:community.learning@regents.ox.ac.uk)

[anthony.clarke@regents.ox.ac.uk](mailto:anthony.clarke@regents.ox.ac.uk) [01865 288120]

## Books

**Footsteps 1** is not a book based course, but we do make some suggestions for further reading for those who so wish. Obviously, such reading will help those who choose to write assignments. For each of the nine strands we have suggested one key book, which we think is quite readable and easily available.

For those who wish to write assignments, there are other suggested books, some of which are stocked in the small library that we keep, and from which you can borrow during the course.

### Spirituality

Key book: Richard Foster, *Prayer*, (Hodder & Stoughton)

### Understanding the Bible

Key book: Gordon Fee and Douglas Stuart, *How to Read the Bible for all its Worth* (Scripture Union)

### Understanding our Faith

Key book: Alister McGrath, *Theology: The Basics* (Blackwell)

### Baptist History and Principles

Key book: Roger Hayden, *English Baptist History & Heritage*, (Baptist Union)

### Mission and Culture

Key book: Stuart Murray, *Church After Christendom* (Paternoster)

### Leading Worship

Key books: Chris Ellis, *Approaching God: A Guide for Worship Leaders and Worshippers* (Canterbury Press, 2009)

### Pastoral Care

Key book: Frank Wright, *Pastoral Care Revisited* (SCM Press)

### Preaching

Key book: David Day, *A Preaching Workbook*, (SPCK)

### Leadership Skills

Key book: Eddie Gibbs, *Leadership Next: Changing Leaders in a Changing Culture* (IVP)

## Who's who at Footsteps?

### Course Leaders

**Till the end of August 2019** **Anne Lane** will be Tutor in Community Learning at Regent's Park College and have overall responsibility for **Footsteps** courses, so continue to contact her – but please use the new e-mail address [community.learning@regents.ox.ac.uk](mailto:community.learning@regents.ox.ac.uk) In this way we will be able to communicate with you during this time of transition.

**Anthony Clarke:** Anthony is Tutorial Fellow in Pastoral Studies and Community Learning at Regent's Park College, Oxford and a Baptist Minister.

### Other Trainers

Throughout the year **Footsteps** is served by those with an interest in teaching and a desire to equip others to serve. These may be Baptist Ministers and others with expertise in particular areas, drawn from the Association and beyond.

Some may be responsible for a complete strand of training, while others will share different aspects of a strand, reflecting their own knowledge and experience. Trainers in the year 2018-19 have included:

Geoff Colmer, Team Leader and Regional Minister, Central Baptist Association

Stephen Copson, Regional Minister, Central Baptist Association

Adam Eakins, Minister of Broadmead Baptist Church, Northampton

Tim Edworthy, Minister of Well Street United Church, Buckingham

David Gregory, Senior Minister, Croxley Green Baptist Church, Hertfordshire

Sue Haslehurst, Member of the Anabaptist Network Steering Group  
and a former leader of Wood Green Mennonite Church

Mary Moody, Minister of Bovingdon Baptist Church, Hertfordshire

Carol Murray, retired Baptist Minister and Moderator of CBA Council

Ruth Gookey, soon to be Minister of the Church of Christ the King, Kents Hill, Buckinghamshire

Adrian Wood, Minister of London Colney Baptist Church, Hertfordshire

### Pastoral Assistants

In addition to the trainers, several people, who have completed Footsteps in the past, provide vital support throughout the course. Every Saturday [Pastoral Assistants are responsible for the practical organisation of the day and each one leads and looks after a prayer group of Footsteps 1 participants.

In 2018-19 these have been

Sue Stokes

Graeme Millar

## Finding the Church of Christ the King, Kents Hill

The Church of Christ the King is situated in the south east corner of Milton Keynes, within easy reach of the M1 motorway at either J13 or J14, both are about 2 miles away. If you are using a **satnav** to find us, our postcode is **MK7 6HG**.

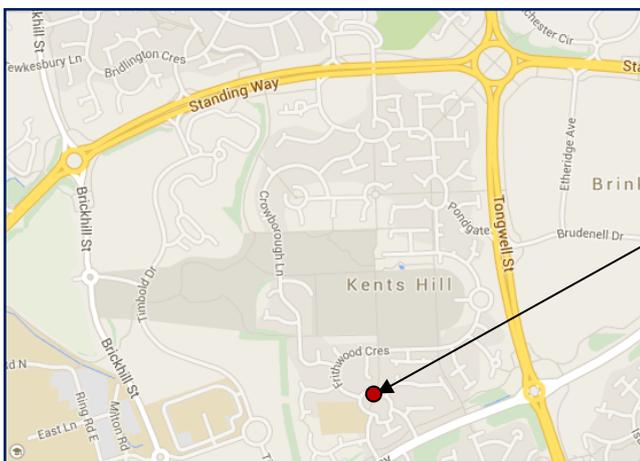
If using a **map**, and you are approaching;

From **J14 M1**,

- Follow signs for A4146 Aylesbury (this is known locally at H6 Childs Way) then turning left onto V11 Tongwell Street at the petrol station.
- Proceed straight on at Monkston roundabout, and pass the Kingston Shopping Centre on your left.
- Proceed straight on at the Brinklow roundabout and continue up the hill
- At the top of the hill turn right onto H9 Groveway, the turn to the church is about 200 metres on the right.

From **J13 M1**,

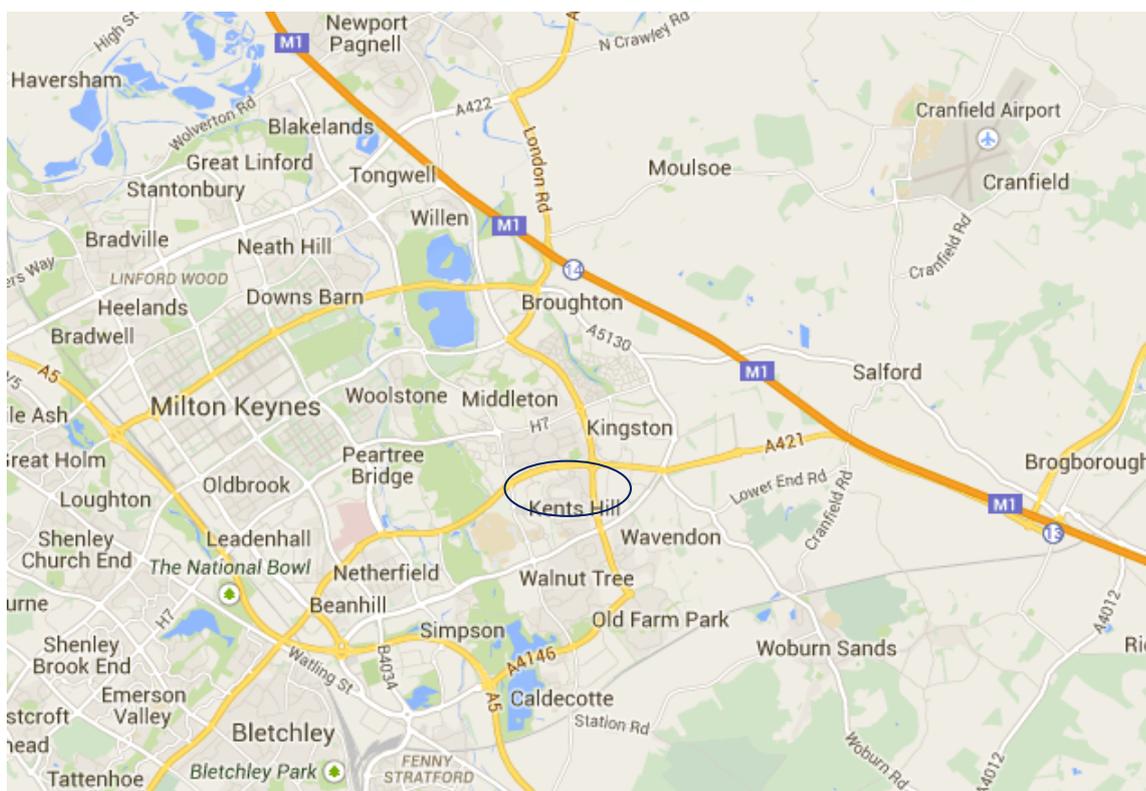
- The approach road from the M1 is the A421. Follow this for about 2 miles from the motorway and pass several large warehouses on your right. A large roundabout is approached. Take the second turn onto H9 Groveway, there is a Vauxhall Car Sales Unit on your left, proceed up the hill.
- Go straight on at the next roundabout and the church turn is first on the right.



### From Main cross country highway A421

From Oxford/Buckingham direction, enter MK on the A421 (H8 Standing Way)

Turn right at Brinklow Roundabout (V11 Tongwell Street A4146). At the top of the hill roundabout at junction with H9 Groveway turn right and in 200 metres turn right into Frithwood Crescent. The Church of Christ the King is straight ahead, situated on a sort of 'island' encircled by local district streets. Parking is available either 'out front' or in the car park next to the local primary school across the road. There is also parking at Kents Hill playing field. (Follow Frithwood Crescent away from church; the road curves round to the right and the car park is on the left. Walk back to church, crossing the road and following the redway path downhill.





## CBA Application Form 2019-20

I would like to apply to participate in the **CBA Footsteps 1** course 2019-20 and I have the support of my home church for this training.

- I enclose cheque/s totalling £330 made out to 'Regent's Park College' OR
- Paid by direct transfer to Regent's – Sort code: 20-65-26, Acct no: 60776513 [Footsteps 1]

If you are NOT enclosing payment or transferring money immediately PLEASE e-mail Community Learning, [community.learning@regents.ox.ac.uk](mailto:community.learning@regents.ox.ac.uk) ,so that the College knows when the fees will be paid.

Title: ..... Surname: .....

Forenames: .....

Name known by (if different from above): .....

Address: .....

.....

..... Postcode: .....

Telephone [home]: .....Telephone [mobile]: .....

Email: .....

Home Church: .....

Signed: .....

Any special needs or learning requirements (e.g. use hearing aid): .....

.....

### Church Leader's Commendation

I am happy on behalf of the church to commend the above applicant to train on **Footsteps 1** this coming year. We believe that she/he has gifts which the church can use and agree to support this person while on the course and afterwards as they explore areas of service for God.

Church: .....

Name: .....

Position: .....

Signed: .....

*Please return to: CBA Footsteps 1, Regent's Park College, Pusey Street, Oxford, OX1 2LB*

