

# Parish Nursing Update



SUMMER 2015

Issue 3

**KEEPING IN TOUCH!** This is the third edition of a termly newsletter to keep all our clients, churches, friends, and supporters up to date with the latest news from Parish Nursing Ministries UK.

## WELCOME– NEW NURSES!

We already have new nurses and churches preparing to commence parish nursing services in the Autumn. Our training courses are planned for 27th to 30th October in Perth, Scotland, and 2nd to 5th November in Birmingham, England.

Do you know a nurse who might be interested to know about Parish nursing? Or a church that might like to explore it?

Point them to our website: [www.parishnursing.org.uk](http://www.parishnursing.org.uk)



## WHAT DO WE DO?

Parish Nursing Ministries UK supports parish nurses and churches to improve the lives of people in the UK through whole person health care. We run training courses for registered nurses and health professionals three times a year and provide professional support to all the projects.

For more information go to [www.parishnursing.org.uk](http://www.parishnursing.org.uk)

Our nurses help people:

- Make better use of the NHS,
- Stay out of hospital,
- Live more healthily,
- Combat loneliness,
- Care for others
- Make community connections,
- Find purpose for living and
- Spiritual resources for life's challenges.



They liaise with GP's and Community health services, seeking to enhance rather than compete with their work. We want to see as many people as possible benefit from the work we do.

## GROWTH AND DEVELOPMENT

Our CEO elect, Ros Moore, has been working with Helen and the Coordinators and Trustees to develop a strategic plan which will help us increase the numbers of parish nurses across the UK. Ros takes over the CEO role from Helen in October and Helen will then take the title of Founder Director, working alongside Ros with specific responsibility for church and international relations. We hope to move into some office space during the Autumn and then look at recruiting an administrator/fundraiser.

We much appreciate the enthusiasm of our Coordinator team and the wisdom of our ten experienced trustees as we map our future growth.

One of our team of twelve volunteer Advocates is willing to come and talk to any church about exploring parish nursing. Call or email the number above.

## What do our clients think?

Its really important to get an objective view of how they see the service we offer. So we give out 'service user questionnaires' and they come back to us here in the office. Here are some of the anonymous comments we read.

"Great kindness and understanding"

"Confidence I can trust"

"Easy to talk to"

"Prayers were very helpful"

"I thank God and my nurse"

"Professional and caring manner"

"My nurse was brilliant"

Here are some of the benefits they ticked:

Improved physical health

Reduced mental anxiety

Increased knowledge about health concerns

Support with relationship issues

Increased opportunity for social interaction

Spiritual encouragement/support

Carer support

Saved unnecessary hospital or GP visit

**Call the Parish Nurse!**

### Did you know?

***There are more than twelve thousand parish nurses across the world in 25 countries.***

***We have been recognised as the International Parish Nurse Resource centre for Europe and we want to build our links with other European countries who want to develop Parish nursing services.***

**Have you encountered a Parish nurse yet? Tell us your story! You can contact us direct or ask your Parish nurse for a service user questionnaire. Names and places will be changed to protect confidentiality.**

Parish Nursing is free to all at the point of need. Over 80 UK churches of all denominations now have a Parish Nurse. They offer help to people of all ages and beliefs, supported by volunteers from the local church.

If you'd like to help us double that number by 2017 then do feel free to contact us at the address above.

Donations can be made payable to Parish Nursing Ministries UK. We are very grateful for anything we receive and we never pass on donor's details to other organisations.

